

# **Pregnancy & Breastfeeding Exposure Information** Toll-FREE Hotline (877) 311-8972 by OTIS

OTIS counselors offer pharmacists, health care providers and educators another source of support for their patients dealing with questions and anxiety about medications and other exposures during pregnancy or breastfeeding.

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### **Company Vitals**

The Organization of Teratology Information Specialists (OTIS), a non-profit the Centers for Disease Control recently chose as the primary public resource for medications in pregnancy information, is dedicated to providing accurate evidence-based, clinical information to patients and health care professionals about exposures during pregnancy and lactation. Founded in 1990, the organization serves to educate, conduct relevant research and support teratology information services throughout North America.

#### **Our Goals**

- Provide counseling to patients and health care professionals about exposures related to pregnancy and breastfeeding, so they can make informed treatment choices.
- Reduce risks and decrease the number of preventable birth defects by educating the public and health care professionals about specific agents of concern.
- Empower patients with accurate information about the true risks of an exposure, thereby preventing unnecessary terminations of wanted pregnancies.
- Facilitate communication and collaboration between teratology information services.
- · Contribute collectively to research and the worldwide literature in the field of teratology.

## **Teratogen Information Specialists answer questions** about exposures to...

- Prescription medications
- Over-the-counter medications
- Vitamins
- · Alcohol/Recreational drugs
- Vaccinations or immunizations
- · Diseases or infections
- · Chemicals
- Pesticides
- · Occupational exposures
- Paternal exposures

#### What else we provide FREE of charge:

#### **Fact Sheets**

We have more than 80 fact sheets regarding exposures during pregnancy available online in PDF format at OTISPregnancy.org. These fact sheets are written at an 8th grade reading level and are free to download and print.

#### Recent Publications

Please check our website for the most recent publications on medications and exposures in pregnancy.

#### We're Online:

www.otispregnancy.org

Find us on Facebook: www.facebook.com/OTISPregnancy

Twitter: @OTISPregnancy

